

A Comprehensive Approach

The **Center for Medical Rehabilitation** is licensed as an Acute Medical Rehabilitation Unit. We offer personalized, comprehensive rehabilitation care to patients recovering from, but not limited to: head injury, stroke, spinal cord injury, Parkinson's disease, orthopedic injury and surgery, neurological disorders and surgery, neuromuscular disorders, and arthritis.

Easy Street, a life-size replica of a small city, gives patients a unique opportunity to learn the physical, cognitive, and communication skills necessary to build confidence in order to re-enter the community. Modules simulate a home, restaurant, grocery store, movie theater, bank, laundry, office, and automobile. Easy Street provides real-life situations in which patients can navigate the activities of everyday living.

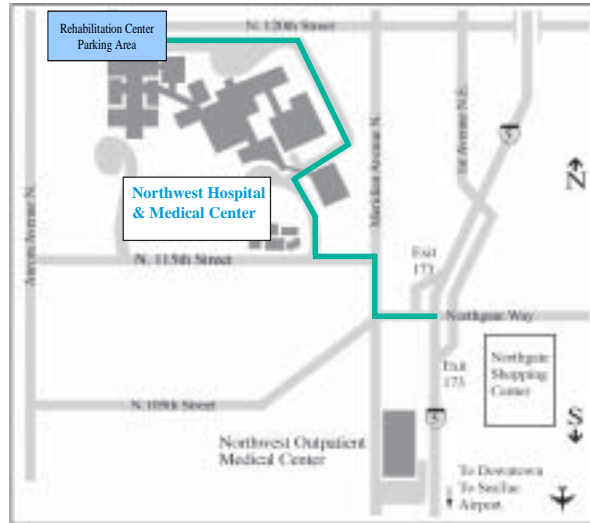
Outpatient Therapy assists patients to regain functional skills lost due to illness or injury and to manage life changing conditions.

Northwest Hospital is committed to ethical behavior with respect for patients right to participate and determine his/her own plan of care. To act for the well being of the patients and the members of the Hospital Community. To provide fair, equitable and appropriate treatment in accordance with the Law. To effectively and respectfully work with a diverse cultural and ethnic mix of patients, visitors and staff. Northwest Hospital & Medical Center is a 504/ADA accessible employer. Auxiliary aids (readers, sign language interpreters) or alternate formats of written materials will be made available to persons with disabilities, upon request.

For More Information

If you would like to learn more about the the **Center for Medical Rehabilitation** located at Northwest Hospital & Medical Center, please call (206) 368-1794.

To find out more about the services offered at our hospital, please visit Northwest Hospital & Medical Center's website at: www.nwhospital.org.



Directions from I-5

- Take Northgate exit, No. 173
- Go west on Northgate Way to Meridian
- Turn right, go north to 115th Street
- Turn left, go to main hospital entrance
- Turn right, follow signs to Rehabilitation Center Parking Area

Center for Medical Rehabilitation



NORTHWEST HOSPITAL & MEDICAL CENTER

1550 N. 115th Street
Seattle, WA 98133

Admission Information:
(206) 368-1794

Offering Patient-Focused Care



The Center for Medical Rehabilitation at Northwest Hospital & Medical Center

offers caring, safe, and appropriate environments in which patients and their caregivers learn to manage impairments affecting mobility, communication, cognitive skills, and other activities of daily living.

A multidisciplinary team of physicians, nurses, social workers, and professional rehabilitative staff assess the needs of the patient. The care of each patient focuses on the individual needs and goals. We emphasize the achievement of optimal independence in daily living while promoting, maintaining, and restoring the health of each person.

Our programs are designed to meet the needs of patients at various stages of their recovery, from acute rehabilitation to outpatient therapy.

Frequently Asked Questions

What types of patients are treated at the Center for Medical Rehabilitation ?

Thirty-eight percent of our patients are treated for stroke; 31% for some type of orthopedic condition (hip/knee surgery); 12% are treated for a neurologic condition other than stroke; and the remaining 19% fall into other categories: amputations, arthritis, heart or lung disorders, or spinal cord injury.

How does the Center for Medical Rehabilitation compare to other facilities?

Two factors we evaluate are the efficiency of our patient's length of stay on our unit (Efficiency of LOS) and how much change in positive outcomes our patients exhibit each week (FIM change/week) The graph below shows these comparisons:

	<u>NWHMC</u>	<u>Regional</u>	<u>National</u>
Eff. of LOS	2.6	2.4	2.2
FIM change/ week	18.8	18.2	16.2

(Higher numbers equal better efficiencies)

What types of services are provided at the Center for Medical Rehabilitation?

- Physical therapy
- Occupational therapy
- Speech therapy
- Recreation therapy
- Community integration
- Rehabilitation nursing
- Neuropsychological services

What services are not provided by the Center for Medical Rehabilitation?

- Drug or alcohol rehabilitation
- Mechanical ventilation
- Inpatient care, under age 14
- Driver's retraining
- Vocational training

What other resources are available?

Some patients will need follow-up services after leaving the hospital. These services will be arranged for you prior to your discharge from the Center for Medical Rehabilitation , and may include nursing care, home or outpatient therapies, or durable medical equipment.

What can I expect during my stay?

Nursing care is provided by experienced rehabilitation nursing staff 24 hours a day. Therapy is provided at least three hours per day, seven days a week. You may receive group therapy on weekends. Your rehabilitation physician will see you every day.

How do I pay for my stay at the Center for Medical Rehabilitation?

Medicare, Medicaid, and private insurance usually pay for patient stays. The hospital will inform you of charges for which you may be responsible.

What happens to most patients when they leave the Center for Medical Rehabilitation?

Approximately 82% of our patients return to the community (home, assisted living, group home/ adult family home), 13% of our patients transition to skilled nursing facilities.

What do patients think about the Center for Medical Rehabilitation?

Surveys show patients are very satisfied with their care and would choose Northwest Hospital & Medical Center and the Center for Medical Rehabilitation should they need future service. We continue to collect surveys and appreciate any feedback from you during your stay about how we are doing. Please contact the charge nurse if you have any questions, comments, or concerns during your rehabilitation stay.