

Easy Street Environments

The Road to Recovery



NORTHWEST HOSPITAL
& MEDICAL CENTER

Center for Medical Rehabilitation

EASY STREET ENVIRONMENTS is an integral part of the comprehensive rehabilitation program offered at Northwest Hospital & Medical Center. Easy Street is a live-sized replica of a city street that provides a unique concept in medical rehabilitation. Individual modules include a grocery store, bus stop, greenhouse, laundromat, restaurant, theatre, and home with a kitchen, dining room, and bedroom. These areas of Easy Street incorporate real world obstacles including curbs, steps, ramps, slopes, and turnstiles. A physical therapy gym and occupational therapy center are conveniently located on Easy Street. The Easy Street Environments enhance the well-established rehabilitation program offered at Northwest Hospital & Medical Center, and is the only facility of its kind in Washington State.



Patients practice getting in and out of a car in the security of a safe environment.

A GOAL OF GREATER INDEPENDENCE is the primary focus of the Center for Medical Rehabilitation. Easy Street provides a realistic setting where patients build their endurance and practice functional and communication skills that are necessary to reenter their

community. The Center provides a safe, nonthreatening environment where weather limitations and transportation problems do not prevent patients from participating in the therapeutic activities needed to resume independent lives.



A cheerful, authentic grocery eases patients back into everyday activities such as selecting and paying for groceries.

Easy Street Environments is advantageous to patients striving to relearn daily living skills in order to regain their independence and confidence in everyday tasks. The interdisciplinary rehabilitation team encourages patients to achieve functional goals and Easy Street is an ideal setting for obtaining these goals.

THE ROAD TO RECOVERY

for individuals who have a disabling condition or injury can be a long and difficult journey. At Northwest Hospital & Medical Center, we work to transform this challenge into a successful triumph over life's obstacles.

As a leader in providing comprehensive rehabilitation services in the Seattle area, it is our goal to help patients return to productive lives - back to their homes, their communities, and their jobs.



The Easy Street greenhouse provides recreational therapy, where patients have the opportunity to garden and keep their "green thumb".

ETHICS STATEMENT

Northwest Hospital & Medical Center is committed to ethical behavior in respect to the patient's right to participate and determine his/her own plan of care. To act for the well being of the patients and the members of the hospital's community. To provide fair, equitable, and appropriate treatment in accordance with the Law. To effectively and respectfully work with a diverse cultural and ethnic mix of patients, visitors, and staff. Northwest Hospital & Medical Center is a 504/ADA accessible employer. Auxiliary aids (sign language interpreters, readers) or alternate formats of written materials will be made available to person with disabilities, upon request.



Patients learn to overcome life's obstacles under the guidance of our rehabilitation staff in a realistic environment.

FOR MORE INFORMATION

about Easy Street Environment or admission to the Center for Medical Rehabilitation at Northwest Hospital & Medical Center, please call:

206-368-1794



NORTHWEST HOSPITAL & MEDICAL CENTER

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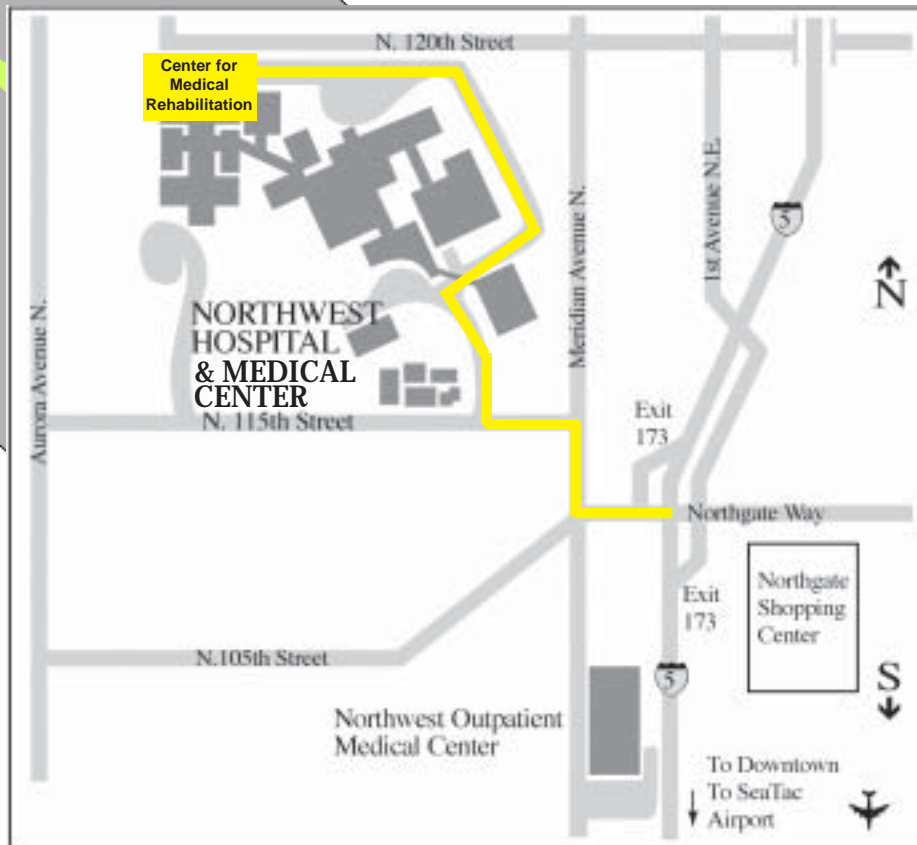
1550 N. 115th Street
Seattle, WA 98133

Additional information or admissions:

(206) 368-1794

Patient information:

(206) 364-0500



EASY STREET ENVIRONMENTS was envisioned more than ten years ago as a unique place to treat people from our community. Through Northwest Hospital Foundation, broad community support was secured from local business leaders, service clubs, and individuals. Today, continuing improvements and services are made possible in part by contributions.